

# lunch & dinner menu



## snacks

Chicken Wings....\$7  
(Dry or wet, both with blue cheese or BBQ sauce)

Chicken Strips with BBQ sauce....\$7

Seasoned French Fries....\$5

## salads

Greek Salad....\$14  
Black olives and crumbled feta cheese served with wedges of tomatoes, cucumber, red onion and peppers with an olive oil/balsamic vinegar dressing

Quinoa Salad....\$14  
Spinach, feta cheese, tomato, red peppers with avocado and a lovely homemade vinaigrette

Tandoori Chicken Salad....\$14  
Tandori Chicken served with plain yogurt, red pepper, fresh lettuce, cherry tomato, toasted walnuts with a mango chutney dressing

Chicken Caesar Salad....\$12

Calamari Ceviche Salad...\$16  
Strips of Calamari marinated in ginger and spices;  
Served over a garden salad with sesame seeds

## sandwiches

Fajita Pita....\$12  
Fajita marinated chicken with grilled peppers and onions, lettuce and a special sauce served in pita bread with Shrimp....\$18

Veggie Roti....\$12  
Chickpeas, peppers, onions, potato

West Indian Roti....\$12  
Traditional Trinidadian wrap filled with curried chicken and potatoes or chickpea curry, pepper and onion

Chicken Avocado Burger \$12  
Grilled Chicken Breast combined with fresh tomato, pickle and sauces topped with sliced avocado

call 284 494 3457 to order

\$1 will be added to all Take-out Orders

# lunch & dinner menu



## pasta

Broccoli Alfredo...\$11

Your choice of pasta with a creamy Alfredo sauce, served with broccoli and topped with Parmesan cheese

Chicken and Broccoli Alfredo...\$12

Spicy Cajun chicken breast and broccoli on linguine pasta with a creamy Alfredo sauce and Parmesan - with Salmon or Shrimp \$18

Stir Fry

Chicken...\$14, Shrimp...\$18, Salmon...\$18, and Mahi...\$20

## mains

All meals are served with two side dishes from the following selection - fries, pasta, rice, vegetables, coleslaw or salad

Ginger or Lemon Chicken...\$12

Marinated in an island ginger sauce or served with a lovely fresh lemon sauce this juicy chicken breast is grilled to perfection

Chicken Tikka Massala...\$14

A blend of exotic spices make up this roasted chicken curry dish served in a rich-tasting creamy orange sauce

Sirloin Steak...\$20

Seasoned with herbs and garlic, grilled then served with a red wine mushroom sauce

## fish

Fish and Chips...\$14

English style deep fried fish served golden brown with chips and tartar sauce. Very tasty cod, a must try

Mahi Mahi... Grilled \$20 Steamed \$22

Seasoned with fresh herbs, then steamed with okra, onion and peppers

Shrimp...\$18

Sautéed and served with a creamy lemon & dill sauce

Salmon...Grilled \$18 Steamed \$20

Grilled and served with a lime butter and caper sauce. A Favourite!

## dessert

Key Lime Pie...\$6

Chocolate Mousse...\$6

call 284 494 3457 to order

\$1 will be added to all Take-out Orders