

t o r t o l a



sports club

**LUNCH & DINNER MENU**

**12NOON – 8PM MONDAY – FRIDAY**

**12 NOON – 4PM SATURDAY**

**TEL: 494-3457 / 345-3457**

## **APPETIZERS**

CHICKEN WINGS (EITHER DRY OR WITH BBQ SAUCE) **12**

FISH STICKS (MADE WITH COD) AND TARTAR SAUCE **14**

CHICKEN STRIPS WITH BBQ SAUCE **12**

FRENCH FRIES EITHER SEASONED OR PLAIN <sup>∨</sup> **6**

HUMMUS WITH PITA WEDGES<sup>∨</sup> **10**

## **SOUPS AND SALADS**

BUTTERNUT SOUP **8**

CAESAR SALAD\* **12**

CHICKEN CAESAR SALAD **16**

GARDEN SALAD\*<sup>∨</sup> **12**

GREEK SALAD\* **18**

TANDOORI CHICKEN SALAD **18**

CALAMARI CEVICHE SALAD **18**

QUINOA SALAD\*<sup>∨</sup> **16**

\*ADD GRILLED CHICKEN BREAST **8** GRILLED SALMON **14** GRILLED SHRIMP **12** GRILLED TUNA **12**

## **SANDWICHES**

**(SERVED WITH A CHOICE OF FRIES, SALAD OR COLESLAW)**

GRILLED CHICKEN SANDWICH **15**

CHICKEN GUACAMOLE BURGER **17**

TSC CHEESEBURGER **16**

VEGETABLE FAJITA PITA <sup>∨</sup> **15**

TSC VEGGIE BURGER **16**

CHICKEN ROTI **18**

CHICKEN CAESAR WRAP **16**

VEGETABLE ROTI <sup>∨</sup> **16**

CHICKEN FAJITA PITA **16**

GRILLED MAHI SANDWICH **22**

SHRIMP FAJITA PITA **22**

PULLED PORK SANDWICH **16**

<sup>∨</sup> INDICATES VEGAN DISHES. PLEASE LET YOUR SERVER KNOW IF YOU HAVE ANY FOOD ALLERGIES.

**THERE IS A \$1 CHARGE ADDED TO ALL NON-MEMBER TAKEOUT ORDERS**

**15% SERVICE CHARGE WILL BE ADDED TO ALL DINE-IN CHECKS**

**PASTA (FYI.... OUR PASTA DISHES HAVE A TOUCH OF SPICE)**

CHICKEN AND BROCCOLI ALFREDO (OUR SIGNATURE DISH) 16

SHRIMP AND BROCCOLI ALFREDO 22

SALMON AND BROCCOLI ALFREDO 22

BROCCOLI ALFREDO 15

CHICKEN STIR FRY 16

SALMON STIR FRY 22

SHRIMP STIR FRY 22

VEGETABLE STIR FRY 15

MAHI STIR FRY 22

**MAINS**

BEER BATTERED FISH AND CHIPS 17

**(ALL ITEMS BELOW SERVED WITH A CHOICE OF 2 SIDES..... ALFREDO PASTA, RICE, FRIES, STEAMED VEG, SALAD, COLESLAW)**

GRILLED SALMON 22 STEAMED SALMON WITH OKRA 24

GRILLED MAHI MAHI 22 STEAMED MAHI MAHI WITH OKRA 24

SAUTED SHRIMP IN LEMON DILL SAUCE 22

GRILLED 8oz STRIPLOIN STEAK 24

LEMON CHICKEN 16

GINGER CHICKEN 16

CHICKEN TIKKA MASSALA 18

CHICKEN AND MUSHROOM STROGANOFF 18

MUSHROOM STROGANOFF 15

BABY BACK RIBS 22

VEGAN CURRY <sup>✓</sup> 15

GRILLED AHI TUNA WITH WASABI AOILI 24

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## WINE SELECTION

### WHITE/ROSE

COOPERS CREEK SAUVIGNON BLANC 7 GLASS 30 BOTTLE

TORRESELLA PINOT GRIGIO 7 GLASS 30 BOTTLE

LE PETIT PONT ROSE 7 GLASS 30 BOTTLE

### RED

LAYER CAKE MALBEC 7 GLASS 30 BOTTLE

THE FEDERALIST CABERNET SAUVIGNON 7 GLASS 30 BOTTLE

### TSC SIGNATURE COCKTAILS

DARK AND STORMY 8

AMARETTO SOUR 8

TSC RUM PUNCH 8

PAINKILLER 10

### BEERS

CORONA 4, CARIB 4, PRESIDENTE 4, HEINEKEN 4, ESTRELLA 6, STOWFORD PRESS CIDER 6,  
ANGRY ORCHARD CIDER 6, COORS LIGHT 4, HEINEKEN 0 (NON-ALCOHOLIC) 4

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