

t o r t o l a



sports club

**LUNCH & DINNER MENU**

**12NOON – 8PM MONDAY – FRIDAY**

**12 NOON – 4PM SATURDAY**

**TEL: 494-3457 / 345-3457**

## **APPETIZERS**

CHICKEN WINGS (EITHER DRY OR WITH BBQ SAUCE) **12**

FISH STICKS (MADE WITH COD) AND TARTAR SAUCE **14**

CHICKEN STRIPS WITH BBQ SAUCE **12**

FRENCH FRIES EITHER SEASONED OR PLAIN <sup>∨</sup> **6**

HUMMUS WITH PITA WEDGES<sup>∨</sup> **10**

## **SOUPS AND SALADS**

BUTTERNUT SOUP **8**

CAESAR SALAD\* **12**

CHICKEN CAESAR SALAD **16**

GARDEN SALAD\*<sup>∨</sup> **12**

GREEK SALAD\* **18**

TANDOORI CHICKEN SALAD **18**

CALAMARI CEVICHE SALAD **18**

QUINOA SALAD\*<sup>∨</sup> **16**

\*ADD GRILLED CHICKEN BREAST **8** GRILLED SALMON **14** GRILLED SHRIMP **12** GRILLED TUNA **12**

## **SANDWICHES**

**(SERVED WITH A CHOICE OF FRIES, SALAD OR COLESLAW)**

GRILLED CHICKEN SANDWICH **15**

CHICKEN GUACAMOLE BURGER **17**

TSC CHEESEBURGER **16**

VEGETABLE FAJITA PITA <sup>∨</sup> **15**

TSC VEGGIE BURGER **16**

CHICKEN ROTI **18**

CHICKEN CAESAR WRAP **16**

VEGETABLE ROTI <sup>∨</sup> **16**

CHICKEN FAJITA PITA **16**

GRILLED MAHI SANDWICH **22**

SHRIMP FAJITA PITA **22**

PULLED PORK SANDWICH **16**

<sup>∨</sup> INDICATES VEGAN DISHES. PLEASE LET YOUR SERVER KNOW IF YOU HAVE ANY FOOD ALLERGIES.

**THERE IS A \$1 CHARGE ADDED TO ALL NON-MEMBER TAKEOUT ORDERS**

**15% SERVICE CHARGE WILL BE ADDED TO ALL DINE-IN CHECKS**

**PASTA (FYI.... OUR PASTA DISHES HAVE A TOUCH OF SPICE)**

CHICKEN AND BROCCOLI ALFREDO (OUR SIGNATURE DISH) **16**

SHRIMP AND BROCCOLI ALFREDO **22**

SALMON AND BROCCOLI ALFREDO **22**

BROCCOLI ALFREDO **15**

CHICKEN STIR FRY **16**

SALMON STIR FRY **22**

SHRIMP STIR FRY **22**

VEGETABLE STIR FRY **15**

MAHI STIR FRY **22**

**MAINS**

BEER BATTERED FISH AND CHIPS **17**

**(ALL ITEMS BELOW SERVED WITH A CHOICE OF 2 SIDES..... ALFREDO PASTA, RICE, FRIES, STEAMED VEG, SALAD, COLESLAW)**

GRILLED SALMON **22** STEAMED SALMON WITH OKRA **24**

GRILLED MAHI MAHI **22** STEAMED MAHI MAHI WITH OKRA **24**

SAUTED SHRIMP IN LEMON DILL SAUCE **22**

GRILLED 10oz STRIPLOIN STEAK **29**

LEMON CHICKEN **16**

GINGER CHICKEN **16**

CHICKEN TIKKA MASSALA **18**

CHICKEN AND MUSHROOM STROGANOFF **18**

MUSHROOM STROGANOFF **15**

BABY BACK RIBS **22**

VEGAN CURRY <sup>∨</sup> **15**

GRILLED AHI TUNA WITH WASABI AOILI **24**

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## WINE SELECTION

### WHITE/ROSE

COOPERS CREEK SAUVIGNON BLANC 7 GLASS 30 BOTTLE

TORRESELLA PINOT GRIGIO 7 GLASS 30 BOTTLE

LE PETIT PONT ROSE 7 GLASS 30 BOTTLE

### RED

LAYER CAKE MALBEC 7 GLASS 30 BOTTLE

THE FEDERALIST CABERNET SAUVIGNON 7 GLASS 30 BOTTLE

### TSC SIGNATURE COCKTAILS

DARK AND STORMY 8

AMARETTO SOUR 8

TSC RUM PUNCH 8

PAINKILLER 10

### BEERS

CORONA 4, CARIB 4, PRESIDENTE 4, HEINEKEN 4, ESTRELLA 6, STOWFORD PRESS CIDER 6, ANGRY ORCHARD CIDER 6, COORS LIGHT 4, HEINEKEN 0 (NON-ALCOHOLIC) 4

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