

t o r t o l a



sports club

**LUNCH & DINNER MENU**

**12NOON – 8PM MONDAY – FRIDAY**

**12 NOON – 4PM SATURDAY**

**TEL: 494-3457 / 345-3457**

## **APPETIZERS**

CHICKEN WINGS (EITHER DRY OR WITH BBQ SAUCE) 14

FISH STICKS (MADE WITH COD) AND TARTAR SAUCE 16

CHICKEN STRIPS WITH BBQ SAUCE 14

FRENCH FRIES EITHER SEASONED OR PLAIN<sup>∨</sup> 6

HUMMUS WITH PITA WEDGES<sup>∨</sup> 10

## **SOUPS AND SALADS**

BUTTERNUT SOUP 8

CAESAR SALAD\* 14

CHICKEN CAESAR SALAD 18

GARDEN SALAD\*<sup>∨</sup> 12

GREEK SALAD\* 18

TANDOORI CHICKEN SALAD 20

CALAMARI CEVICHE SALAD 20

QUINOA SALAD\*<sup>∨</sup> 18

\*ADD GRILLED CHICKEN BREAST 8 GRILLED SALMON 14 GRILLED SHRIMP 12 GRILLED TUNA 12

## **SANDWICHES**

**(SERVED WITH A CHOICE OF FRIES, SALAD OR COLESLAW)**

GRILLED CHICKEN SANDWICH 16

TSC CHEESEBURGER 16

TSC VEGGIE BURGER 16

CHICKEN CAESAR WRAP 18

CHICKEN FAJITA PITA 18

SHRIMP FAJITA PITA 22

CHICKEN GUACAMOLE BURGER 18

VEGETABLE FAJITA PITA<sup>∨</sup> 16

CHICKEN ROTI 18

VEGETABLE ROTI<sup>∨</sup> 18

GRILLED MAHI SANDWICH 22

PULLED PORK SANDWICH 18

<sup>∨</sup> INDICATES VEGAN DISHES. PLEASE LET YOUR SERVER KNOW IF YOU HAVE ANY FOOD ALLERGIES.

**THERE IS A \$1 CHARGE ADDED TO ALL NON-MEMBER TAKEOUT ORDERS**

**15% SERVICE CHARGE WILL BE ADDED TO ALL DINE-IN CHECKS**

**PASTA (FYI.... OUR PASTA DISHES HAVE A TOUCH OF SPICE)**

CHICKEN AND BROCCOLI ALFREDO (OUR SIGNATURE DISH) 17

SHRIMP AND BROCCOLI ALFREDO 23

SALMON AND BROCCOLI ALFREDO 23

BROCCOLI ALFREDO 16

CHICKEN STIR FRY 18

SALMON STIR FRY 23

SHRIMP STIR FRY 23

VEGETABLE STIR FRY 18

MAHI STIR FRY 23

**MAINS**

BEER BATTERED FISH AND CHIPS 18

**(ALL ITEMS BELOW SERVED WITH A CHOICE OF 2 SIDES..... ALFREDO PASTA, RICE, FRIES, STEAMED VEG, SALAD, COLESLAW)**

GRILLED SALMON 23 STEAMED SALMON WITH OKRA 25

GRILLED MAHI MAHI 23 STEAMED MAHI MAHI WITH OKRA 25

SAUTED SHRIMP IN LEMON DILL SAUCE 23

GRILLED 8oz STRIPLOIN STEAK 26

LEMON CHICKEN 18

GINGER CHICKEN 18

CHICKEN TIKKA MASSALA 18

CHICKEN AND MUSHROOM STROGANOFF 18

MUSHROOM STROGANOFF 17

BABY BACK RIBS 24

VEGAN CURRY <sup>Y</sup> 17

GRILLED AHI TUNA WITH WASABI AOILI 24

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## WINE SELECTION

### WHITE/ROSE

COOPERS CREEK SAUVIGNON BLANC 7 GLASS 30 BOTTLE

TORRESELLA PINOT GRIGIO 7 GLASS 30 BOTTLE

LE PETIT PONT ROSE 7 GLASS 30 BOTTLE

### RED

LAYER CAKE MALBEC 7 GLASS 32 BOTTLE

THE FEDERALIST CABERNET SAUVIGNON 7 GLASS 32 BOTTLE

### TSC SIGNATURE COCKTAILS

DARK AND STORMY 8

AMARETTO SOUR 8

TSC RUM PUNCH 8

PAINKILLER 10

### BEERS

CORONA 4, CARIB 4, HEINEKEN 4, STOWFORD PRESS CIDER 6, ANGRY ORCHARD CIDER 6,  
COORS LIGHT 4, HEINEKEN 0 (NON-ALCOHOLIC) 4, GUINNESS DRAUGHT 6, BLUE MOON 6

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