

CLUB CONTACT DETAILS:

Club House

(284) 494 3457

Personal Trainer - Lisa Adamson

(284) 346 6772

Tennis Coaches - Amine

Elouazzani and Katerina Stecova

tennis.bvi@gmail.com

Squash Coach - Adam Murrills

adammurrills@hotmail.co.uk



General Club updates and news



To be added to the Squash WhatsApp Group,
please contact:



Adam Murrills (284) 346 2057

SOCIAL MEDIA

Follow Tortola Sports Club online:

 @Tortola Sports Club, British Virgin Islands

 @tortolasportsclub

Follow and tag us in your posts & photos

#TortolaSportsClub

WHAT'S ON

AT YOUR CLUB?



| JUNE
2025



LOOK INSIDE FOR SOME OF OUR
FANTASTIC EVENTS!

TENNIS | SQUASH | GYM | JUNIORS | SOCIAL

SQUASH

TENNIS

CLUB NIGHT

EVERY THURSDAY

Join us for a fun, social evening of **turn-up-and-play tennis and squash**! Open to all members and abilities, it's a fantastic opportunity to meet fellow players and enjoy some friendly competition. After the games, stick around for our **\$12 Curry Night** in the clubhouse — the perfect way to unwind and socialise. See you on the courts!

SOCIAL

EVERY THURSDAY

CLUB CURRY NIGHT

Join us every Thursday for a delicious **Club Curry Night**! Enjoy a tasty curry and poppadom for just \$12, while catching up with fellow members. Great food, good company, and a relaxed atmosphere — the perfect way to socialise at the club!

GYM

EVERY MONDAY & THURSDAY

BOOTCAMP

Get ready to sweat, tone, and energise your body with Lisa Adamson's dynamic **outdoor bootcamp classes**. Whether you're just starting out or building on your fitness, Lisa brings the motivation and experience to help you progress. Classes start at 5:30pm and are \$10 to join.

TENNIS

SUNDAY 8TH

2025 TSC ANNUAL TENNIS CORPORATE CHALLENGE

Come out and support your favorite team! Onemart are the defending champions and they are going for their third win a row! Matches start at 10:00am.

TENNIS

SQUASH

SOCIAL

SATURDAY 14TH

DOUBLE TROUBLE

10 AM – 4 PM | \$20 per person

Join us for a high-energy day of Squash, Tennis, and Pickleball like you've never played before! We're mixing things up with a few surprise twists to keep everyone on their toes. Expect the unexpected!

🌟 Three Sports. One Epic Day.

🏆 Fun. Fast. Competitive.

🏆 Prizes with a Doubles Theme

🎧 Live DJ keeping the vibes up

🍷 Light lunch included (yes, we've got doubles on the menu!)

💧 Water & Gatorade provided

Space is limited, so it's first come, first served. Contact Chris (340 3000) or Paul (340 3032)

Don't miss out on the fun—grab your spot, bring your energy, and let's make it a Saturday to remember!

SQUASH

16TH - 22ND

WORLD NO. 41 NICK WALL VISITING

We're excited to announce that world-ranked squash player Nick Wall (No. 41) will be visiting the British Virgin Islands from June 16th to 22nd. During his stay, Nick will be working with our junior programs and leading a series of adult clinics.

Stay tuned—more details coming soon!

SQUASH

FRIDAY 27th

JUNIOR CARIBBEAN CHAMPIONSHIPS

Our Junior National Team is headed to the Cayman Islands!

The Junior National Team will soon depart for the Cayman Islands to compete in the Junior Caribbean Championships. We wish them the best of luck as they represent the BVI on the regional stage!

